



*Living the  
5-Star Life*  
Luxury Lifestyle  
Consultant

*Marjorie Hope Rothstein*

Are you seeking to become your personal best or find a whole new you? Now you can create a lifestyle that functions well and reflects your own personal values. Living the 5-Star Life offers a fresh and dynamic influence to the world of luxe living. Marjorie Hope Rothstein is a spa trends expert and boomer consumer specialist.

Her columns have appeared in Malibu Magazine, Celeb Staff and Celeb Life with a focus on high net individuals who maintain estates and properties. In addition, she the spa columnist for Flying Adventures Magazine, geared towards high profile individuals who are pilots or own their own jets. She also is a contributor to [www.la2day.com](http://www.la2day.com) , [www.chictoday.com](http://www.chictoday.com) which are both leading edge sites for the latest trends.

Living the 5-Star Life incorporates all aspects of the spa lifestyle and applies it to residential designs, with an intimate approach for each client. Handling each client on a personal basis, they are ensured to discover their ultimate personal style and design a lifestyle that is tailor made to their dreams. The most important aspect for her is to find the best quality for the best value. She has always maintained a great knowledge and appreciation of the 'finer things in life', united with a spiritual approach to wellness and core values. This winning and vital formula has enabled her to access the true worth of self-expression, which is the key to her philosophy, The Art of Living Well.

At the core of her consulting work is the belief that each client is seeking to identify his or her own personal style which is unique. This uniqueness is a thread that runs through all things creative in an individual's life—from the clothes they choose to wear, the gifts they give, the parties they host and the homes in which they live. Marjorie believes that to live a beautiful, elegant life, one must approach it like an artist. If each stroke of color, each element is in harmony, in essence, a signature style or masterpiece is created.

She has a rare combination of refined elegance, taste and an eye for the extraordinary and has become a sought after luxury lifestyle aficionado in the heart of Hollywood. Marjorie's attitude is why pay retail? Rather than conspicuous consumption, or wasting time and money, each acquisition is well thought out. Occasionally, her clients are able to buy wholesale or at discounted, negotiated rates!

Her philosophy is rooted in her training as a professional fine artist as well as interior/environmental designer. Growing up

in New York, she has been exposed to an abundance of world-class culture and art, as well as global travel to luxury resorts and spas. Her first job in college was in executive training at Gucci in Manhattan. It was there that she was trained to deal discretely with high profile individuals. Attending UCLA for post-graduate studies in design, she fell in love with the omnipresent natural environment and combined the influences of exquisite haute couture with casual elegance. The end result is a unique blend of both coasts. The bottom line is a synthesis of pure delight.

Her motto is *"how you live your life is your greatest work of art!"*

"Your home's atmosphere should always be at the highest level of comfort and style, filled with things that can either inspire, excite or soothe your soul. While honoring your personal aesthetic and introducing new objects, colors, art and furnishing, adjusting light and sound, I work with you to enrich your home environment to achieve the utmost in the Art Of Living Well."

This is a holistic approach which specializes in promoting health and wellness, stress management, lifestyle coaching, including sourcing the best spas for fitness, nutrition and total life makeovers. She has gathered all the best sources for handling the details that most of are overwhelmed by. It's no wonder sometimes that we'd love to have someone else manage our life. Especially when it comes to paying someone to do the things we just don't want to do. For some, it's a maid, for others a bookkeeper and personal organizer, and for a few, a personal concierge. In this town where shopaholics anonymous was born, you'd think that no

one would ever give up their addiction to shopping. Yet there are many very successful millionaires who hate to shop. They get antsy after 30 minutes. And the men, they can only take 15 seconds. (Unless they're metro sexual). Now there is a new kind of consultant/coach and it's aptly named a Life Stylist. For some it is about wardrobe, closet organization, personal shopping and gift assessment, but for others, it can be tailor made to help with your home décor or luxury travel needs. There are many new lifestyle consultants cropping up, but the only thing that differentiates Marjorie from the rest, is her refined level of taste and personal contacts.

Robert Thompson, professor of pop culture at Syracuse University explains the reason for this new surge in coaches. "Lifestyle consultants are filling the void left by the dissolution of close familial relationships and neighborhoods. The things that were supplied by communities have been commodified". Hiring a personal lifestyle consultant can actually transform how you feel on the inside and what you show on the outside, to increase your confidence and experience an overall sense of wellbeing". In order to keep up with the latest trends, people are hiring decorators, personal assistants, and party planners, yet the missing piece is feeling good. The lack of community in our society is creating a sense of isolation. Because of the onslaught of the multi-media and Paparazzi, the whole celebrity element has become commonplace. Lifestyle consultants like Marjorie Rothstein assist her clients on how you can do it yourself, by making her services available to mainstream individuals.



### **Life enhancing services include**

#### ***At Home:***

Decorating or re-decorating  
Intuitive Approach to Feng Shui  
Landscape, Waterscapes, Fine Art Acquisitions  
Going Green-non-toxic,natural and earthwise  
Transforming your home to be more eco-friendly

#### ***Wellness and Longevity:***

#### **Resource consulting individualized for you:**

Natural products, beauty, cosmetics,  
Med Spa/Preventative medical treatments/ Plastic Surgeons

#### **Specialized Travel**

Medical resorts, Luxe Resorts, residence clubs, estate rentals

#### ***Personalized relocation: introducing you to Southern California***

Insider's guide to *the best* in shopping, exploring places off the beaten path, clubs, concierge services including medical, luxury spas, pampering, makeovers,

#### ***Business Services***

Specializing in Strategic Partnerships  
Affiliated with private lenders in Europe  
Personal introductions Maven

**“Take care of the luxuries and the necessities will take care of themselves.” Dorothy Parker**

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