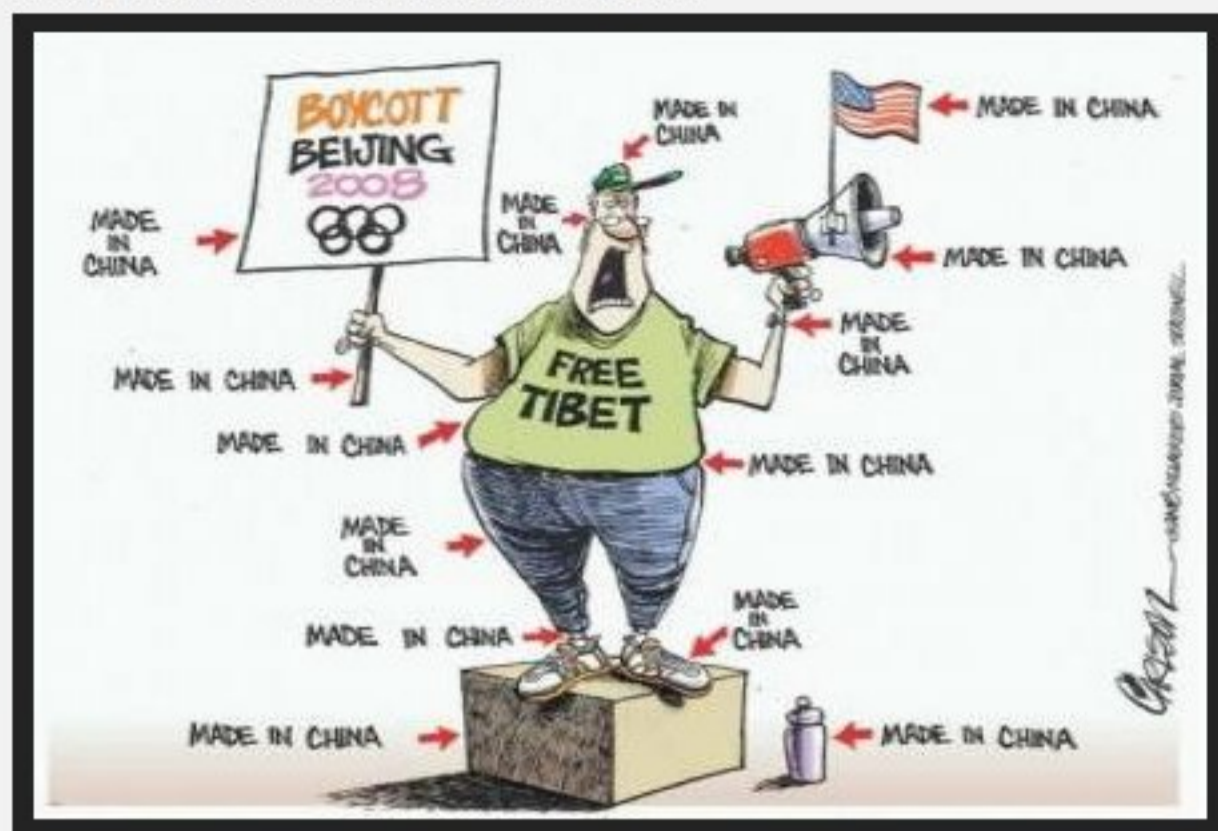


Will the Olympics bring East and West together? "Empathy with God," a soundtrack designed to do just that.

BY ADRIENNE PAPP FOR LA2DAY.COM 11 JUN 2008

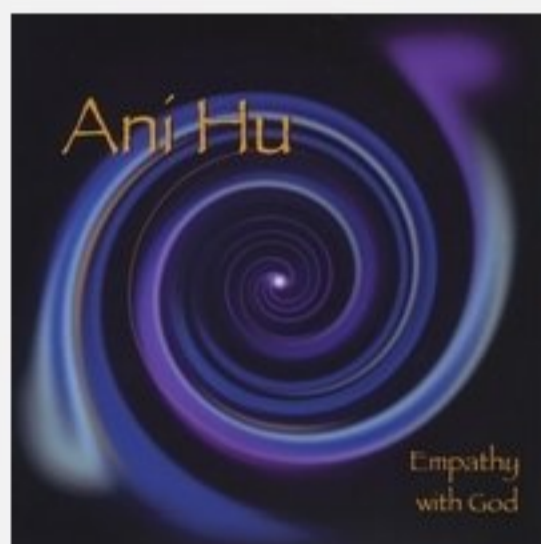


Eastern arts and disciplines have become increasingly popular in Western cultures as evidenced by the rise of yoga, meditation, herbal and holistic medicines. These techniques certainly aren't new, but are now becoming widely accepted for creating a sense of well-being and peace of mind besides the spiritual values that the wisdom of Buddhism taught us. In recognition of the invaluable contribution of Eastern philosophies to our speedy culture many of our greatest artists publically support Tibet. The work done by Richard Gere, Orlando Bloom or director Bernardo Bertolucci is well known around the world.

An important part of the overall quest to implement a higher level of understanding of the human spirit is to compose music that creates the mood necessary to help one reach new levels of harmony in mind and spirit.

Robert Jameson, Phd, a noted family therapist, has developed an innovative program of gentle, soothing and relaxing music that is uniquely satisfying and helpful with the meditative arts.

"The creation of the 'Ani Hu' CD came from an inner calling," says Dr. Jameson. "Most of the New Age music I listened to would take me off center at times. So I created music with a rhythm or beat that would help with my mantra and carry me into higher states of meditation."



"The creation of the 'Ani Hu' CD came from an inner calling."

-Dr. Jameson

This very special and certainly gorgeous piece starts with a percussion track that allows vocal tones to flow in a gentle manner. He uses the Sanskrit words "Ani" (empathy) and "Hu" (God) to create a vibration to help reach a feeling of inner peace. By putting the two words together, Dr. Jameson has created a vibration that helps promote empathy with God, creating a feeling of sharing, caring and loving.

This amazing composition has a great deal of healing qualities and has become much more successful than ever imagined. It is now widely used during massage therapies, yoga classes, and even as background music for professionals. Besides creating the most beautiful, peaceful or intelligently romantic atmosphere, it has also found a place to assist childbirth and unique events.

With the popularity of ancient arts and therapies, the East has now become widely recognized as a source of healing practices. As the eyes of the world are turning toward China, and, with the upcoming Olympics, it's good to know that "Ani Hui - Empathy with God," can be a source of peace and healing from America.