

Spiritual Alchemy

Dr. Michael A. Mason on Personal and Global Transformation through Practical Quantum Metaphysics

By Adrienne Papp

OUR CALENDAR ENDS THE YEAR IN DECEMBER, BUT THE MAYAN CALENDAR COMES TO AN END IN 2012. WHAT DOES THIS MEAN? THE END OF THE WORLD, OR THE END OF THE WORLD AS WE KNOW IT? SOMETHING IS HAPPENING. WHAT IS IT, EXACTLY?

Many religions believe in a messiah. Jews and Muslims believe that a messiah is still to come. Christians believe that there will be a Second Coming of Jesus. According to the Kabbalah, the mystical teachings of Judaism, the Messiah is not really a person, but a time period and we are in *that period right now*. And then, there are a variety of modern notions about the coming of the World Teacher, etc. all projecting the end of an era, and times of radical transformation. But transformation to what and how?

According to Dr. Michael A. Mason, who calls himself a Spiritual Alchemist, we will transform from Homo Sapiens to Homo Spiritus, and, indeed, *the time is right now*. He has formed a non-profit organization, called Institute for Personal and Global Transformation (www.ipgt.org, also www.infiniteheart.us), to help bring about this major change around the world. Dr. Mason's plans to assemble a worldwide community / forum / think-tank, which would explore and expand on the new principles of transformation and establish a novel educational institute offering online courses, live classes and counseling for individuals and communities is well in the works.

The Principles of Transformation

Have you ever wondered if humankind will ever evolve through suicide bombings, wars, fighting, and killing? Throughout history we've had a few highly spiritual humans like Buddha, Lao Tzu, Jesus, Gandhi, and others who could be called Homo Spiritus, but what would it take for more people to transform from Homo

Sapiens (knowledge man) to Homo Spiritus (spiritual man)? This is the question Dr. Mason has asked himself and claims he has found answers in what he calls the "Infinite Heart"™.

"Change happens all the time," says Mason. "Human evolution is change over millennia."

But, what he is suggesting is not change, but *transformation*, an inner alchemical transformation from inside each individual based on a synergistic and balanced application of science and metaphysics. The result is a *practical, non-dogmatic application of three principles* that literally transform our perception of our relationships with people and the world. Anyone who has seen the movies *What the Bleep Do We Know*; *The Secret*; and *Further Down the Rabbit Hole* has a head start on Mason's system called *Practical Quantum Metaphysics* (PQM™). PQM helps people facilitate their own transformation and is based on three simple truths: *All is one; all is energy; all is love*. These three axioms, like in mathematics, form an interlocking and mutually supporting set of fundamental principles and manifest in the high-energy events of our lives with infinite possibilities and subsequent awareness.

Here is an example of how our Infinite Heart can transform our perception on the practical level (the "P" in PQM): You drive to work and see a homeless person who is always at the corner stoplight. Perceived through your ego-mind you avoid eye contact because it perceives this person as completely separate from you and having nothing to do with your values. You

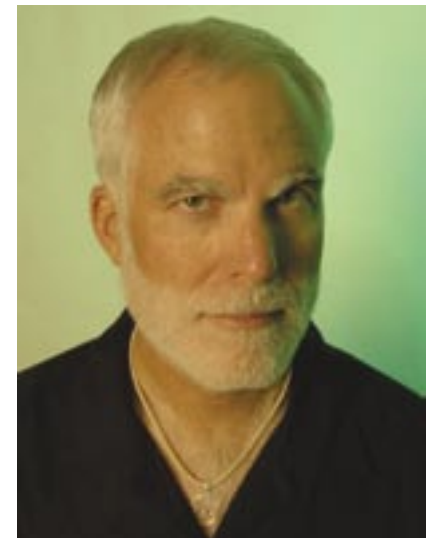
might blame him/her for being homeless, or the city, or society. But now that you've connected with the PQM truth that "all is one," you have transformed your perception of this person and just see him or her as a fellow human being. In fact, your Infinite Heart, which sees infinite possibilities (one of the base principles of Quantum Physics), suddenly realizes, "Wow, what a great opportunity to be generous," and you hand him a bill worth one buck and a smile worth a million. Both of you feel better for it. Labels such as "Good" and "Bad" are just the production of our ego-minds. Using PQM we can realize that a perceived "bad event" hides miles and miles of creative potential within even though our logical mind may not realize it immediately.

"All loss is an opportunity to become freed from attachment." David Hawkins

Listening to Dr. Mason I realize the one principle I have always known, yet failed to implement in my own life: all difficulties and abrupt changes are nothing more than lessons. Nothing happens against us, but for us—*through the law of allowance we can transform ourselves, and through our own transformation we can transform all around us*. I believe this is one of the key elements to our next century's existence.

How did it come about?

Mason's rocky road to personal transformation started at the age of 41: "I'd heard psychologists describing the most stressful life situations,



Above: Dr. Michael A. Mason
Center: "Infinite Heart"™

such as divorce, bankruptcy, death, business failure, loss of a job, and moving. Well, I went through all of those at the same time! I kept my sanity by playing tennis and one day in the heat of the game it dawned on me: is all about our *perception* of events! Whether I am joyous or not is purely a choice."

It is *scientifically proven* in quantum physics that the pure presence of the *Observer* (the Observer being us) will change the course of an otherwise very steady line of behavior of particles/matter. Put it this way: if I watch/observe, the things I watch will change. And, that is literally the case, everyone! ***If you change the way you look at things, the things you look at change!***

The second principle of PQM, *All is Energy*, was inspired by Einstein's famous equation of mass-energy equivalence. In physics, $E = mc^2$ states an equivalence between energy (E) and mass (m), in direct proportion to the square of the speed of light in a vacuum (c^2). Since all equations can be reversed ($mc^2=E$) this also means that ***all things are a form of energy***.

All the PQM principles are interrelated, and after my interview with Michael I made a definite conclusion that ***Metaphysical Energy is Love in action, expressed by doing the right thing that serves all as One***. I believe this is the principle to live by in the 21st century.



Above: Writer Adrienne Papp with Dr. Mason